

GUIDE PPO

Meet the Guide PPO plan, designed with your health in mind

With straightforward cost-sharing and proactive, year-round guidance from our team of experts, the Guide PPO plan is designed to be easy to understand and use.

Guide PPO keeps the numbers simple

We believe that determining what you can expect to pay for your healthcare should be easy. For frequently used services, copays allow you to know what you'll owe before you go (and, they aren't subject to your deductible).

IN-NETWORK DEDUCTIBLE

- Deductible: \$500 (individual), \$1,000 (family)

IN-NETWORK COPAYS

- Preventive care* (like annual physical exams): \$0
- Primary care office visit: \$10
- Specialist office visit: \$50
- Mental Health visits: \$10
- Physical Therapy: \$10
- Chiropractic & Acupuncture: \$50
- Urgent Care: \$10
- Inpatient/Outpatient Hospital: \$200
- Emergency Room (visits 1&2): \$200
- Emergency Room (visits 3+): \$500

PREVENTIVE CARE, EXPLAINED

Any care considered preventive by the United States Preventive Services Task Force is covered at 100% with this plan. Preventive care can be services like annual physical exams, preventive lab services, routine immunizations, preventive medications, and preventive health visits.



Learn what your new plan has to offer

Here are some of the ways the Guide PPO is designed to support you:

\$0 cost-sharing

Specific services that are meant to help you stay healthy won't cost you extra. Check out your plan details (you can find them at Collective Health) to see what qualifies.

Help avoiding costly care

This plan offers less coverage for care that is associated with more risks and is less likely to result in improved health outcomes (like vitamin D testing, spinal injections and certain types of back imaging). Instead Guide PPO offers greater coverage for care that is associated with improved health outcomes.

Digital reminders

We'll reach out with personalized care recommendations, and highlight benefits and plan information that could be helpful for you.

Care Navigation

Our Care Navigation team includes registered nurses, social workers, pharmacists, and dietitians—all on hand to help you navigate any complex care needs. Keep in mind that the Care Navigation team cannot provide clinical services such as diagnoses, treatments, or prescriptions.

Any questions? We can help.

- Reach out to Care Navigation at (833) 834-1170
- Call our Member Advocates at (844) 803-0209
Monday - Friday 4:00 AM–6:00 PM PT, and
Saturday 7:00 AM–11:00 AM PT
- Already a Collective Health member? Sign in to send us a secure message or chat.